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### (54) OPTICAL FIBRE AND OPTICAL FIBRE DEVICE

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**Description**

[0001] This invention relates to optical fibres and optical fibre devices such as, for example, optical fibre lasers.

[0002] Optical fibre lasers for continuous-wave (cw) or pulsed operation make use of amplifying optical fibres arranged with reflectors to form a laser cavity. For example, publication reference [1] describes a single mode Q-switched optical fibre laser system employing a low numerical aperture erbium-doped single mode fibre pumped by a diode laser to give 160 µJ, 50 nS pulses tunable between 1530 and 1560 nm.

[0003] US-A-5 121 460 discloses an optical fibre according to the preamble of claim 1. The peak difference in refractive index between the first cladding region and the core is 0.005.

[0004] Previously, much of the work done on erbium-doped fibres has concentrated on maximising the small signal optical gain, which in turn requires a small "spot size" or mode-field diameter (MFD). This also provides single mode operation, considered desirable in applications requiring a high beam quality, communication applications and applications requiring very short pulses - see [1].

[0005] However, a problem which has been noted in such doped fibre devices is that nonlinearity within the core can distort the optical output at high powers, resulting in limits placed on the peak power of pulses which can be accommodated in the fibre before nonlinear distortions such as self phase modulation become apparent. In one example, the maximum tolerable peak power in 1m of a previous doped optical fibre is about 500W.

[0006] Similar problems can also occur in cw lasers and amplifiers where nonlinear effects such as Brillouin scattering can limit the output power when operating with narrow linewidths (e.g. < 10 MHz). For 1m of conventional fibre in cw operation the nonlinear threshold for Brillouin scattering is about 20W.

[0007] A further restriction on the available output power from pulsed fibre lasers is the energy storage capacity of the amplifying fibre. The high gain efficiencies in conventional single mode fibres limit the energy that can be stored to about 10 µJ.

[0008] So, there exists a continuing need for larger and larger peak powers and pulse energies while retaining the possibility of single mode operation, but this is limited by nonlinear effects and low energy storage in conventional fibres.

[0009] This invention provides an optical fibre having a cladding layer surrounding a core, the cladding layer comprising at least a first, relatively inner region, a third, relatively outer region, and a second region disposed between the first and third regions, the second region having a higher refractive index than the first and third regions; and the peak difference in refractive index between the first cladding region and the core being less than about 0.0030.

[0010] A fibre according to the invention is capable of operating in a single transverse mode but with a much higher MFD than in conventional single mode fibres - in some prototypes up to 40 µm. In an amplifying or lasing

5 application this can lead to nonlinear effects being dramatically reduced and the energy storage capability of the fibres being dramatically increased, allowing single mode pulse energies in prototype devices of 0.5 mJ or, if a slightly multi mode signal is tolerated, up to 0.85 mJ.

10 It is envisaged that the invention provides technology allowing pulse energies in the mJ regime.

[0011] In prototype fibres according to the invention, nonlinear thresholds are 20-25 times higher than in conventional fibres, so the power handling capability of the

15 fibre is correspondingly increased.

[0012] As well as being appropriate for pulsed applications, fibres according to the invention can provide increased power in cw single frequency lasers, amplifiers and associated devices and can increase nonlinear 20 thresholds within passive devices such as Bragg gratings.

[0013] The fibre design is also compatible with cladding pumping techniques (see [1]), so providing corresponding increases in average output power available 25 from such devices.

[0014] The cladding refractive index structure defined above provides two main benefits.

[0015] Firstly, it gives an increased spot size for the fundamental guided mode. This reduces nonlinear 30 effects by simply providing a larger cross-sectional area over which the light is propagated, so reducing the energy density within the core.

[0016] Secondly, it can decrease the fibre bend loss for the fundamental mode (an established problem). In 35 prototype embodiments an improvement in bend loss of between 10 and 40 dB has been observed. For a prototype 21 µm core fibre the macroscopic bend loss for a 30 cm radius bend was found to be less than 0.1 dB/m.

[0017] A further feature arises from the small refractive index difference between the core and the cladding, which in turn means that the fibre has a very low numerical aperture (NA) - as low as about 0.06 in some 40 prototype embodiments. The low NA ensures that there are few viable optical propagation modes even for a large core area, and so can alleviate the problem of coupling of energy (e.g. by amplified spontaneous emission or ASE) into unwanted modes. A preferred large outer diameter of the fibre (e.g. greater than about 200 µm) can also help to alleviate mode coupling.

[0018] The arrangement defined by the invention can be highly advantageous when implemented as a single mode fibre, because the low NA and novel cladding 45 structure can spread the fundamental mode beyond the normal bounds of the core and out towards the preferred "ring" structure within the cladding. This increases the MFD of the fibre, increasing its energy storage capacity and decreasing nonlinear effects, because the energy density at any position is reduced. However, even great-

er benefits can be obtained in a multimode fibre, i.e. one capable of supporting more than just the fundamental mode (see Appendix one for an analytical derivation of the term "single-mode", although a working definition is widely accepted within the art). In such a case, the MFD can be increased still further, while the low NA acts to restrict the available modes of the structure. Furthermore, in an amplifier or laser configuration, if an amplifying dopant distribution is chosen (such as doping a central region of the core) which overlaps more favourably with one mode (e.g. the fundamental mode, but it could be another mode), the multimode fibre can operate effectively in a single mode. So, the double benefit can be obtained of a fibre having a relatively large "multimode" core - so that the power handling capacity of the fibre core is improved - operating in a single mode by the influence of the placement of the dopant.

[0019] The single mode operation in amplifying applications, where the amplifying dopant is preferably substantially confined to the core, arises because the modal overlap of the fundamental mode with the symmetrically doped core is far higher than the modal overlap of any other (higher order) mode. This leads to a significant gain difference between the fundamental mode and other modes, in effect providing single mode operation with a fibre having a large enough core to support multimode operation. (In other embodiments another dopant distribution - perhaps an asymmetric one - could be used so as to favour a mode other than the fundamental).

[0020] This invention also provides an optical fibre amplifier comprising a doped fibre as defined above; and means for injecting pump radiation into the fibre.

[0021] This invention also provides an optical fibre laser comprising: an optical fibre amplifier as defined above; and reflector means disposed relative to the optical fibre amplifier so as to promote lasing operation within the optical fibre amplifier.

[0022] The invention will now be described by way of example with reference to the accompanying drawings, throughout which like parts are referred to by like references, and in which:

- Figure 1 schematically illustrates an optical fibre;
- Figure 2 schematically illustrates a refractive index profile of the optical fibre of Figure 1, along with mode distributions within the fibre;
- Figure 3 schematically illustrates a laser cavity;
- Figure 4 schematically illustrates a pulse spectrum and auto-correlation function;
- Figure 5 schematically illustrates a pulse spectrum and auto-correlation function;
- Figure 6 is a graph of pulse energy and pulse width against pulse repetition rate;
- Figure 7 is a graph illustrating beam properties;
- Figure 8 is a graph of output power against pump power;
- Figure 9 is a graph illustrating beam properties;
- Figures 10 to 13 are schematic graphs illustrating

the results of a computer modelling process applied to the fibre design;

Figure 14 schematically illustrates the experimental configuration of an example embodiment;

Figure 15 schematically illustrates the core refractive index profile of a fibre used in the embodiment of Figure 14;

Figure 16 schematically illustrates a cross-section of an encapsulated fibre;

Figure 17 is a graph of pulse energy and average power as a function of repetition frequency for several incident powers, without ASE feedback;

Figure 18 is a graph of pulse energy and average power as a function of repetition frequency for several incident powers, with ASE feedback; and

Figure 19 is a schematic index profile of a hypothetical fibre for the purposes of the derivation outlined in the Appendix.

[0023] Referring now to Figure 1, an optical fibre 10 comprises a glass core 20 surrounded by a glass cladding 30. A line A-A indicates an axis through the centre of the fibre along which the refractive index is illustrated in Figure 2. (In Figure 2 it is assumed that the refractive

index of the fibre is circularly symmetric around the longitudinal axis of the fibre, so the regions of the fibre to be described are generally cylindrical).

[0024] The measured refractive index profile along the line A-A for a prototype fibre is shown in Figure 2 (solid line). The fibre core 20 consists of a low numerical aperture (NA) central region 22 and a slightly raised outer ring 24. The inner region is doped with 400ppm (parts per million) of erbium while the outer ring is undoped. In the cladding of the fibre, a relatively inner cladding section 26 is adjacent to the core. There is then a region 27 of raised refractive index followed (in a radial direction) by a region 28 of depressed refractive index. Finally, the relatively outer cladding region 29 has a similar refractive index to that of the relatively inner region 26.

[0025] Other suitable dopants include rare earths such as ytterbium, thulium, neodymium, holmium or any combination of dopants with or without erbium. Of course, other amplifying dopants or combinations thereof, including other rare earths, can of course be used.

[0026] The region 28 of depressed refractive index is an artefact of the fibre manufacture process and is not considered important or contributory to the beneficial effects of the structure as described.

[0027] Because of the rotational symmetry of the fibre, the regions 26, 27, 28 and 29 are all substantially cylindrical.

[0028] The fibre is formed by pulling down a preform to an outer diameter of 235 µm (micrometres) giving a doped core diameter of 21 µm. For these parameters the fibre was predicted to support five guided modes at a wavelength of 1560nm (nanometres) of which the first two are shown schematically as dotted and dashed lines in Figure 2.

[0029] The other three modes supported by a fibre having a core of this size are weakly guided so-called "ring" modes, in that they are concentrated in the raised refractive index "ring" of the cladding (the region 27) and suffer excessive bend losses rendering them negligible from a practical perspective.

[0030] The purpose of the ring 27 is twofold. Firstly theoretical modelling of the profile shows that it helps to reduce the bending loss for the lowest order mode by as much as 40dB. Secondly it increases the spot size by as much as 25 % depending on the core radius. From Figure 2 it can be seen that only the fundamental mode has a significant overlap with the doped central region. In addition the large outer diameter reduces the coupling between the fundamental mode and the 2nd order mode ensuring that the fibre is essentially single moded when used in a lasing application.

[0031] Some preferred ranges of dimensions for use in fabricating the fibre of Figure 2 are as follows:

radial width of the cladding "ring" 27: between about 0.1 and about 3 times the core radius; preferably between about 0.5 and about 1.5 times the core radius; more preferably between about 0.75 and about 1.25 times the core radius; still more preferably between about 0.75 and about 1 times the core radius.

refractive index difference of the cladding ring 27 (i.e. the difference between the region 27 and the region 26, as a multiple of the peak difference between the region 26 and the core): between about 0.1 and about 2; preferably between about 0.2 and about 1; more preferably between about 0.4 and about 0.6.

width of inner cladding region 26: between about 0.1 and about 2 times the core radius; preferably between about 0.25 and about 1.5 times the core radius; more preferably between about 0.75 and about 1.25 times the core radius.

refractive index "dip" 22 in centre of the core: this preferably occurs over about half of the core's radius, and preferably the lowest refractive index difference between the core and the cladding region 26 should be (as a proportion of the peak refractive index difference between the core and the cladding region 26) between about 0 and about 0.95; preferably between about 0.25 and about 0.75; more preferably about 0.5.

peak refractive index difference between the core and the cladding region 26: preferably less than about 0.0030; more preferably less than about 0.0025; more preferably less than about 0.0020; still more preferably less than about 0.0015.

core diameter: preferably greater than about 20  $\mu\text{m}$ .

operating waveband of the fibre: any appropriate fibre wavelengths, but in general terms about 1550nm - e.g. the Er/Yb operating band, or say between about 1530 and 1560nm.

[0032] The refractive index of the inner cladding region 26 can be made lower than that of the outer cladding region 29, thus giving an improved MFD or spot size at the expense of increased bend loss.

5 [0033] Figure 3 schematically illustrates a laser cavity formed using the fibre of Figures 1 and 2. Pump light at 980 nm is supplied from a pump source (not shown) such as a 2.5W Ti:Sapphire laser with a launch efficiency of = 70%. The pump light enters through a dichroic mirror M1 into a laser cavity defined by the end reflection of the fibre and a high reflectance mirror M2. In the cavity are a lens L1, a length 40 of doped optical fibre of the type described above, a  $\lambda/2$  waveplate WP1, a  $\lambda/4$  waveplate WP2, an acousto-optic frequency shifter

10 (acousto-optic Bragg cell modulator) FS operating at a frequency of 110 MHz and a polariser P1.

[0034] In an alternative embodiment, cladding pumping techniques can be used.

[0035] In operation, the high reflectance mirror M2 reflects the first order deflected beam from the acousto-optic frequency shifter. This beam in fact contains light shifted in frequency by 110 MHz, so the effect is that light is downshifted by 110 MHz per roundtrip along the cavity.

20 [0036] At the output end (the left-hand end as drawn), about 4% of the light is coupled back into the cavity (resulting from the Fresnel reflection off the cleaved end of the fibre) while the dichroic mirror M1 is used to separate the 1560nm radiation from the incoming pump beam.

25 [0037] The presence of the frequency shifter in the cavity ensures that any CW radiation is eventually shifted outside the erbium gain bandwidth of the cavity and decays away. In contrast, high intensity pulses nonlinearly generate new frequencies during each round trip,

30 [0038] so ensuring that the central frequency of the pulses remains within the gain bandwidth of the medium allowing stable operation. This form of mode-locking is well known and is quite similar to the idea of "sliding guiding filters" common in soliton transmission lines.

35 [0039] Once modelocked the repetition rate of the prototype device was 10.5MHz for a fibre length 40 of 14 metres. The polarisation optics in the cavity are not necessary for mode-locking but instead act to shorten the mode-locked pulses through nonlinear polarisation

40 evolution. This cavity design can also be used in a q-switching mode, the main difference between mode-locking and q-switching being that for q-switching the frequency shifter FS is switched periodically while for the mode-locked case it is on continuously.

45 [0040] As is common to frequency shifting lasers the prototype device operated in a number of output modes. If the laser was not mode-locked but instead running CW it had a maximum output of 512mW with an incident pump power of 2.4W. The quantum efficiency of the laser is approximately 75%.

50 [0041] At high incident powers the laser would usually self-start mode-locking although at lower powers it sometimes benefitted from some perturbation (typically

it was found that tapping the optical bench would assist it to start). Upon mode-locking neither the average power nor the mode-profile changed significantly. At the powers required for self-starting the laser was unstable with multiple pulses in the cavity and to obtain stable output the pump power was reduced until there was only a single pulse in the cavity.

[0041] When mode-locked the output pulse shape was found to be either a long square pulse with a width between 20 - 30 ps or a much shorter "sech" shaped pulse.

[0042] A typical auto-correlation and spectrum of a "long" pulse is shown in Figure 4. The pulses are 20 ps long with a spectral width of 0.12nm and a pulse energy of 20nJ. These relatively long pulses were obtained without the polarisation optics (WP1, WP2, P1) in the cavity. Such long square pulses are to be expected in frequency shifted lasers. The pulse energy is considered to be a record at the priority date of this application, or at least very high, for passively mode-locked fibre lasers.

[0043] The increase in energy is believed to be due to the larger mode area of the fibres and confirms the expected scaling between spot size and output energy.

[0044] The second distinct mode-locking regime is shown in Figure 5. Here the pulse width is 900fs, although without polarisation control it broadens to 4ps and is near transform-limited with a spectral width of 2.8nm. The measured average pulse power is 16mW giving a pulse energy of ~ 1.6nJ and a peak power of 1.7kW.

[0045] The pulse energy is comparable to that obtained from stretched pulse lasers. The sidelobes on the pulse's spectrum are common to these soliton lasers and from their spacing it is possible to estimate the fibre dispersion as  $\approx 20 \text{ ps}/(\text{nm} \cdot \text{km})$  which is approximately that of fused silica - as expected from the fibre design. From these pulse and fibre parameters the soliton order is estimated to be 1.24 at the laser output. For comparison the fundamental soliton energy in a conventional doped fibre with the same dispersion would be  $\approx 20 \text{ pJ}$ .

[0046] Maximum average output powers were achieved for a cavity length of 8m. In this instance the laser threshold occurred at  $\sim 900\text{mW}$  of incident pump. The average slope efficiency was  $\sim 50\%$  with respect to launched pump corresponding to an estimated quantum slope efficiency  $\sim 75\%$  indicating that despite the unusual design the fibre is still highly efficient. Laser output powers well in excess of 500mW were achieved under Q-switched operation at full incident pump power (2.5W). The maximum q-switched pulse energy for this fibre length was  $\sim 0.4\text{mJ}$ , obtained at repetition rates below 500Hz. The operating laser wavelength was 1558nm, the minimum pulse duration was 40ns giving a maximum pulse peak power of 10kW.

[0047] The highest pulse energies were obtained for a fibre length of 12m. In Figure 6 the output pulse energy is plotted as a function of pulse repetition frequency for

this length. It is seen that at repetition frequencies less than or equal to 200Hz pulse energies in excess of 0.5mJ are obtained. The pulse energies at low repetition rates were measured in three different ways to confirm

5 the results obtained. Firstly, measurements were made of average power, and from a study of the temporal laser dynamics between pulses made a correction for (continuous wave) ASE emitted during the gain recovery stage. Secondly, average power measurements were  
10 used but the ASE correction was made based on time average spectral measurements of the laser output. Finally, direct pulse energy (pulse height) measurements were taken on a calibrated fast detector (requiring no ASE correction). All average power meters used were  
15 within calibration and were cross checked for consistency. For the highest pulse energy obtained, the average output power at 200Hz was 134mW, and the average ASE power emitted with the Q-switch turned off was 37mW. The contribution of ASE to the total recorded signal power during Q-switching at 200Hz was estimated  
20 at 31 mW using method 1 and 28mW using method 2, yielding pulse energy estimates of 0.514 and 0.527mJ for methods 1 and 2 respectively. The direct pulse energy measurements gave a value of  $\sim 0.52\text{mJ}$  yielding  
25 an average value for our measurements of  $\sim 0.52\text{mJ}$ .

[0048] Figure 6 also illustrates the variation of pulse width with pulse repetition frequency. As expected, the pulse width decreases with reduced repetition rate and correspondingly increased energy. The hump in the  
30 curve indicates a distinct pulse shape change (formation of a distinct side-lobe) which occurs at a repetition frequency of  $\sim 800\text{Hz}$ . The pulse width of the 0.52mJ pulses was 70ns. The corresponding peak power was thus  $\sim 7\text{kW}$ . The spectral bandwidth of these pulses was  
35  $\sim 10\text{nm}$  although this reduced rapidly with increasing repetition rate (decreasing pulse energy). Bandwidths as narrow as 0.1nm could be obtained for pulse energies as high as 0.250mJ by incorporating a narrowband optical filter within the cavity.

[0049] The spatial mode of the laser output was characterized by beam scanning and beam quality ( $M^2$ ) measurements. The  $M^2$  measurements gave values of 1.1 and 1.2 for the two orthogonal, transverse spatial co-ordinates confirming the high quality, single mode  
40 nature of the beam.

[0050] Fibre MFD measurements were performed using a scanning knife-edge technique and the divergence of the laser output from the cleaved fibre end (lasing between two flat cleaves, 96% output couplers) was characterised.  
45

[0051] These results are illustrated in Figure 7, which shows the spot diameter versus distance  $z$  from the fibre end, with a best fit theoretical curve based on Gaussian beam propagation for a fibre MFD of 34 $\mu\text{m}$  (main curve), and a plot of the measured spatial intensity profile (inset).

[0052] The mode area of the fibre is thus estimated at  $\sim 910 \mu\text{m}^2$ , approximately 20-30 times that of conven-

tional erbium doped fibres, and around three times bigger than had previously been reported in a strictly single mode system.

[0053] At the maximum output power fibre length of 8m mentioned above, the output power of the laser against pump power was measured for a variety of pulse repetition rates, and the results are illustrated in Figure 8. In Figure 8, the various curves are:

- solid circles - cw operation
- triangles - 4 kHz pulse repetition
- solid squares - 1 kHz pulse repetition
- hollow squares - 400 Hz pulse repetition

[0054] Further performance measurements were made on a second prototype embodiment having a 27  $\mu\text{m}$  diameter core fibre, with a corresponding outer diameter of 300  $\mu\text{m}$ .

[0055] Theoretically, this fibre was estimated to guide 3-4 core modes. Once again the cavity length was optimised empirically to 9m for maximum pulse energy. In Figure 9 (main curve), pulse energy is plotted as a function of repetition frequency for a fibre length of 9m.

[0056] In this embodiment pulse energies as high as 0.83mJ were obtained at repetition rates below 100Hz (evaluated as previously described for the 21  $\mu\text{m}$  core fibre). The duration of these pulses was 80ns and their corresponding peak power  $\sim$  10kW. Spatial mode-profile measurements were made as described previously.

[0057] A plot of the scanned intensity mode profile is presented inset in Figure 9, showing a reasonably Gaussian profile, although it should be noted the mode was observed to be fairly elliptic. This observation was confirmed by  $M^2$  measurements which gave values of 2.0 and 1.3 respectively for the two ellipse axes. The mode quality is thus slightly degraded in this more highly multi-moded structure, presumably by mode-coupling.

[0058] Another benefit of this design of fibre is its relative immunity to bend loss. Figures 10 to 13 present some theoretical modelling of the fibre to demonstrate this.

[0059] In particular, Figure 10 schematically illustrates two refractive index profiles used in the modelling process. In a first profile (solid line), a peaked core is employed but a cladding ring (27 in Figure 2) is omitted. In the second profile, the ring (dotted line) is added to the core structure of the first profile. The shapes of the profiles used in the modelling process are angular and somewhat schematic, but they do represent the principles behind the structures.

[0060] In Figures 11 to 13 various results derived from the computer model are illustrated, as solid lines (for the first structure) and dotted lines (for the structure including the cladding ring).

[0061] Figure 11 illustrates spot size against core radius, and shows that the spot size is consistently higher with the cladding ring than without. The increase in spot size in the solid curve towards low radii represents an

unstable mode, when the core in effect becomes too small to confine a stable mode.

[0062] Figure 12 illustrates the mode's effective area against core radius, and again this is consistently higher for the cladding ring structure.

[0063] Finally, Figure 13 illustrates bend loss against core radius for a 30cm radius fibre bend. The bend loss performance is consistently better with the cladding ring than without.

[0064] In other embodiments, the fibres described above can be used in optical devices such as fibre gratings, e.g. including photosensitizing dopants such as germanium and/or boron. Such devices will also benefit from the large MFD and low mode coupling described above.

[0065] In embodiments of the invention, appropriately designed doped multimode fibres can be used to construct fibre lasers that provide robust single mode output, thus providing scope for extending the range of single mode output powers and energies achievable from fibre laser systems. Prototype embodiments can provide very high single mode pulse energies for an active fibre device obtaining  $> 0.5\text{mJ}$  output pulses ( $M^2 < 1.2$ ) from a Q-switched fibre laser and even higher pulse energies (as high as 0.85mJ) with slightly degraded spatial mode quality  $M^2 < 2.0$ . The pulse peak powers achieved  $\sim 10\text{kW}$  we believe also to be a record for a Q-switch fibre laser system. The embodiments are also fully compatible with the cladding pumping concept [10] facilitating the development of higher average power (multi-10W), mJ systems.

[0066] A further prototype embodiment of a Q-switched, cladding-pumped, ytterbium-doped, large mode area (LMA) fibre laser will now be described with reference to Figures 14 to 18. The laser, operating at 1090nm, has been found to be capable of generating a record-breaking 2.3 mJ of output pulse energy at 500Hz repetition rate and over 5 W of average output power at higher repetition rates in a high-brightness beam ( $M^2 = 3$ ). A similar fibre generated  $> 0.5\text{ mJ}$  pulses in a diffraction-limited beam.

[0067] Figure 14 depicts the experimental set-up used in this prototype embodiment. A 36 m Yb-doped fibre 100 was end-pumped by a 915nm beam-shaped diode bar 110 [19] with a launch efficiency of about 60%. For Q-switching, an acousto-optic modulator (AOM) 120 was employed. A fibre end "B" was angle-polished to suppress feedback. Initially, a perpendicular fibre facet closed the cavity at the other end "A". The end was polished since it proved difficult to cleave the rectangular fibre with sufficient precision. The laser performance at low repetition rate was found to be rather dependent on the quality of this facet.

[0068] Other components of the experimental set-up include mirrors 130, lenses 140, and dichroic mirrors 150. One of the dichroic mirrors and one conventional mirror were arranged as an optional feedback unit 160, the effect of which will be described below.

[0069] As shown schematically in Figure 16, the fibre 100 has a rectangular inner cladding 200 of substantially pure silica ( $175 \times 350 \mu\text{m}$ ) formed by milling the fibre preform, and a silicone rubber outer-cladding 210 providing an inner cladding NA of 0.4. An aluminosilicate LMA outer ring 220 is centred in the cladding. The outer ring 220 of raised index increases the mode area and reduces the bend loss of the fundamental mode. Yb is incorporated in the inner ring 230 (i.e. core) only. It has an NA of 0.075 and a diameter of  $44 \mu\text{m}$ , offering a large saturation energy. The low NA LMA-design reduces the number of guided core-modes and further improves energy storage. Even so, the core supports about 20 modes at the operating wavelength of 1090 nm. The fibre was doped with 0.3%  $\text{Yb}^{3+}$  by weight. The radial distribution of ytterbium creates preferential gain for the fundamental mode which ensures a good output beam quality. The use of a similar design in a core-pumped erbium-doped fibre source has been reported as obtaining 0.5 mJ output energy in a single transverse mode [20]. However, this approach has not been used in a cladding pumped geometry before, nor with Yb-doping. The arrangement shown in Figure 16 can be cladding-pumped.

[0070] As mentioned above, two different out-coupling arrangements were used in the apparatus of Figure 14, either simply a perpendicular polished fibre facet at the fibre end "A", or the arrangement 160 shown inside the dashed rectangle, with a slightly angled fibre end, a 5 nm-wide dichroic bandpass filter operating at 1035 nm, and a high reflectivity mirror.

[0071] At repetition rates below 2 kHz, it was found that ASE built up between the pulses and limited the pulse energy. The ASE at the fibre end "B" dominates the total ASE-losses, since it is seeded by reflections at the fibre end "A". By eliminating the reflection (using an angle-cleaved end at the fibre end "A") it was ensured that most of the ASE was emitted at end "A" at the shorter wavelength of 1035nm [3]. This ASE was separated from the laser output with a narrowband filter and reflected back into the cavity, whilst keeping feedback around 1090 nm low. In other words, the dichroic mirror 150 in the feedback unit 160 diverts the laser output but allows the ASE emission to pass through and so be reflected back into the cavity by the HR mirror 130 in the feedback unit 160. This effectively "recycles" the ASE emission. This lowered the ASE losses by approximately 2.5W or 65 %. A corresponding scheme has previously been used in erbium-doped fibre amplifiers [22]. Given that at 500 Hz repetition rate the filter reflected only about 78%, a better bandpass filter would allow the retrieval of most of the 2.3 mJ of output pulse energy available after the dichroic mirror. Realistic improvements in fibre design should also further improve the pulse energies and beam quality obtainable with this approach.

[0072] Figures 17 and 18 show the pulse energy dependence on repetition rate and pump power, with and without ASE. Pulse energies of 1.6 mJ at 1kHz and 1

mJ at 5kHz were reached, corresponding to an average power of 5 W. The pulse duration ranged from 0.1 to several microseconds (decreasing with increased pulse energy), and exhibited peaks separated by the cavity round-trip time (0.36  $\mu\text{s}$ ). At high energies, a single peak shorter than 0.1  $\mu\text{s}$  dominated the pulse. The output beam was of good spatial quality despite the multi-mode core ( $M^2 = 1.3$ ).

[0073] In summary, for the highest pulse energies in this prototype embodiment, ASE at 1035nm was "recycled". The experimental results represent a three-fold increase in pulse energy over previously published Q-switched fibre lasers, and firmly establish fibre lasers as compact, multi-watt, multi-millijoule pulse sources with large scope for scientific and industrial applications.

[0074] It will be appreciated that although fibre index profiles have been shown where the index dips in the centre part of the core, such a dip is not necessary. Indeed, for relatively larger fibres (e.g. a core size of the order of  $100 \mu\text{m}$ ) a flat-top or rounded index profile may be preferable as at high core diameters the lowest order mode can tend to follow the core index profile. So, a more flat-topped index profile can help to ensure that a first order fundamental mode is preferred. The core size can be much bigger than those described in detail - indeed, cores of well over  $100 \mu\text{m}$  may be used. A greater core size, and in particular a greater ratio of core size to cladding size, tends to give a better overlap between pump light and the core. This can lead to shorter devices which are less prone to non-linearity and which can generate shorter pulses. This in turn can provide a device with a greater peak output power.

## APPENDIX

[0075] Consider a hypothetical optical fibre refractive index profile as shown in Figure 19 of the drawings. The profile is basically a top-hat shape, having a core of radius  $a$  and refractive index  $n_2$  surrounded by a cladding of refractive index  $n_1$ . The derivation below, following "Optical Fibre Communications - Principles and Practice", J M Senior, Prentice Hall, 1992, defines a range of the radius  $a$ , in terms of  $n_1$ ,  $n_2$  and the wavelength in question, whereby the fibre is considered to be single-mode in operation.

Define:

$$\Delta = \frac{(n_2^2 - n_1^2)}{2n_1^2} = \frac{n_2 - n_1}{n_1}$$

Numerical Aperture, NA, is defined by:

$$NA = (n_2^2 - n_1^2)^{1/2} = n_1 \cdot (2\Delta)^{1/2}$$

Now  $v$  = normalised frequency, where:

$$v = \frac{2\pi}{\lambda} \cdot a \cdot n_1 (2\Delta)^{1/2}$$

A fibre is considered to be single mode for  $v < 2.405$ , that is to say:

$$a < \frac{2.405\lambda}{2\pi \cdot n_1 \cdot (2\Delta)^{1/2}}$$

#### Example

[0076] For a fibre where:

$\lambda = 1.55 \mu m$ ;  $n_1 - n_2 = 0.002$ ;  $n_1 = 1.46$   
then:

$\Delta = 1.37 \times 10^{-3}$ ; and  $NA = 0.0076$   
so the fibre is single mode for if the fibre radius is:

$$a < 7.8 \mu m$$

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#### 10 Claims

1. An optical fibre having a cladding layer (30) surrounding a core (20).  
the cladding layer (30) comprising at least a first, relatively inner region (26), a third, relatively outer region (29), and a second region (27) disposed between the first and third regions, the second region (27) having a higher refractive index than the first and third regions; **characterized in that**  
the peak difference in refractive index between the first cladding region (26) and the core (20) is less than about 0.0030.
2. A fibre according to claim 1, the fibre being a multimode fibre in which the core (20) is capable of supporting at least two optical propagation modes at an operating wavelength.
3. A fibre according to claim 2, in which the core diameter is at least 20  $\mu m$ .
4. A fibre according to any one of claims 1 to 3, in which the peak difference in refractive index between the first cladding region (26) and the core (20) is less than about 0.0025.
5. A fibre according to claim 4, in which the peak difference in refractive index between the first cladding region (26) and the core (20) is less than about 0.0020.
6. A fibre according to claim 5, in which the peak difference in refractive index between the first cladding region (26) and the core (20) is less than about 0.0015.
7. A fibre according to any one of the preceding claims, in which the first and second regions (26, 27) are adjacent in a radial fibre direction.
8. A fibre according to claim 7, in which the thickness of the first region (26) in a radial fibre direction is between about 0.1 and about 2 times the radius of the core (20).
9. A fibre according to claim 7, in which the thickness of the first region (26) in a radial fibre direction is

- between about 0.25 and about 1.5 times the radius of the core (20).
10. A fibre according to claim 7, in which the thickness of the first region (26) in a radial fibre direction is between about 0.75 and about 1.25 times the radius of the core (20).
11. A fibre according to claim 7, in which the thickness of the first region (26) in a radial fibre direction is substantially equal to the radius of the core (20).
12. A fibre according to any one of the preceding claims, in which the refractive indices of the first and third regions (26, 29) are substantially identical.
13. A fibre according to any one of the preceding claims, in which the refractive index difference between the second region (27) and the first region (26) is between about 0.1 and about 2 times the peak refractive index difference between the core (20) and the first region (26).
14. A fibre according to claim 13, in which the refractive index difference between the second region (27) and the first region (26) is between about 0.2 and about 1 times the peak refractive index difference between the core (20) and the first region (26).
15. A fibre according to claim 13, in which the refractive index difference between the second region (27) and the first region (26) is between about 0.4 and about 0.6 times the peak refractive index difference between the core (20) and the first region (26).
16. A fibre according to claim 13, in which the refractive index difference between the second region (27) and the first region (26) is substantially 0.5 times the peak refractive index difference between the core (20) and the first region (26).
17. A fibre according to any one of the preceding claims, in which the second region (27) is generally cylindrical.
18. A fibre according to claim 17, in which the thickness of the second region (27), in a radial fibre direction, is between about 0.1 and about 3 times the core radius.
19. A fibre according to claim 17, in which the thickness of the second region (27), in a radial fibre direction, is between about 0.5 and about 1.5 times the core radius.
20. A fibre according to claim 17, in which the thickness of the second region (27), in a radial fibre direction, is between about 0.75 and about 1.25 times the core radius.
- 5 21. A fibre according to any one of the preceding claims, in which the numerical aperture of the fibre is less than about 0.1.
- 10 22. A fibre according to any one of the preceding claims, in which at least a portion of the fibre is doped with one or more photosensitizing dopants.
- 15 23. A fibre according to claim 22, in which the/a photosensitizing dopant is germanium or boron.
- 20 24. A fibre according to any one of the preceding claims, in which a central region (22) of the core (20) has a lower refractive index than a peripheral region (24) of the core (20).
- 25 25. A fibre according to claim 24, in which the refractive index difference between the central core region (22) and the first cladding region (26) is between about 0 and about 0.95 times the refractive index difference between the peripheral core region (24) and the first cladding region (26).
- 30 26. A fibre according to claim 24, in which the refractive index difference between the central core region (22) and the first cladding region (26) is between about 0.25 and about 0.75 times the refractive index difference between the peripheral core region (24) and the first cladding region (26).
- 35 27. A fibre according to claim 24, in which the refractive index difference between the central core region (22) and the first cladding region (26) is about 0.5 times the refractive index difference between the peripheral core region (24) and the first cladding region (26).
- 40 28. A fibre according to any one of the preceding claims, in which at least a part of the core (20) is doped with one or more amplifying dopants.
- 45 29. A fibre according to claim 28, in which the core (20) is doped according to a dopant distribution substantially matching the field distribution of a desired optical propagation mode within the core (20).
- 50 30. A fibre according to claim 29, in which the core (20) is doped substantially symmetrically about a longitudinal fibre axis.
- 55 31. A fibre according to claim 30, in which substantially all of the core (20) is doped with the amplifying dopant and substantially all of the cladding (30) is not doped with the amplifying dopant.
32. A fibre according to any one of claims 28 to 31, in

- which the/an amplifying dopant is a rare earth dopant.
33. A fibre according to claim 32, in which the/an amplifying dopant is selected from the group consisting of erbium, ytterbium, thulium, holmium and neodymium. 5
34. A fibre according to any one of the preceding claims, the outer diameter of the cladding layer (30) being at least about 200 $\mu\text{m}$ . 10
35. A fibre according to any one of claims 1 to 34, in which the first region and the third region are generally cylindrical. 15
36. A fibre according to any one of claims 1 to 34, in which the first region is generally cylindrical and the third region is rectangular in cross-section. 20
37. An optical fibre amplifier comprising:  
a fibre according to any one of claims 28 to 36;  
and  
means for injecting pump radiation into the fibre. 25
38. An amplifier according to claim 37, in which the injecting means is operable to inject pump radiation at least partly into the fibre cladding. 30
39. An amplifier according to claim 37, in which the injecting means is operable to inject pump radiation at least partly into the fibre core (20). 35
40. An optical fibre laser comprising:  
an optical fibre amplifier according to any one of claims 37 to 39; and  
reflector means disposed relative to the optical fibre amplifier so as to promote lasing operation within the optical fibre amplifier. 40
41. A laser according to claim 40, comprising a Q-switching element disposed within a lasing cavity defined by the reflector means and the doped optical fibre. 45
42. A laser according to claim 40, comprising means for mode-locking laser operation of the laser. 50
- ten relativ äußeren Bereich (29) und einen zweiten Bereich (27) aufweist, der zwischen dem ersten und dem dritten Bereich angeordnet ist, wobei der zweite Bereich (27) einen höheren Brechungsindex hat als der erste und der dritte Bereich, dadurch gekennzeichnet, daß  
der größte Unterschied in dem Brechungsindex zwischen dem ersten Umhüllungsbereich (26) und dem Kern (20) weniger als etwa 0,0030 beträgt.
2. Faser nach Anspruch 1, wobei die Faser eine Multimodefaser ist, in der der Kern (20) in der Lage ist, zumindest zwei Ausbreitungsmodi bei einer Betriebswellenlänge zu tragen.
3. Faser nach Anspruch 2, in der der Kerndurchmesser zumindest 20  $\mu\text{m}$  beträgt.
4. Faser nach einem der Ansprüche 1 bis 3, in der die größte Differenz in dem Brechungsindex zwischen dem ersten Umhüllungsbereich (26) und dem Kern (20) weniger als etwa 0,0025 beträgt.
5. Faser nach Anspruch 4, in der der größte Unterschied in dem Brechungsindex zwischen dem ersten Umhüllungsbereich (26) und dem Kern (20) weniger als etwa 0,0020 beträgt.
6. Faser nach Anspruch 5, in der die größte Differenz in dem Brechungsindex zwischen dem ersten Umhüllungsbereich (26) und dem Kern (20) weniger als etwa 0,0015 beträgt.
7. Faser nach einem der vorherigen Ansprüche, in der der erste und der zweite Bereich (26, 27) in radialer Faserrichtung benachbart sind.
8. Faser nach Anspruch 7, in der die Dicke des ersten Bereichs (26) in einer radialen Faserrichtung zwischen etwa 0,1- und etwa 2-mal dem Radius des Kerns (20) entspricht.
9. Faser nach Anspruch 7, in der die Dicke des ersten Bereichs (26) in einer radialen Faserrichtung zwischen etwa 0,25- und etwa 1,5-mal dem Radius des Kerns (20) beträgt.
10. Faser nach Anspruch 7, in der die Dicke des ersten Bereichs (26) in einer radialen Faserrichtung zwischen etwa 0,75- und etwa 1,25-mal dem Radius des Kerns (20) beträgt.
11. Faser nach Anspruch 7, in der die Dicke des ersten Bereichs (26) in einer radialen Faserrichtung im wesentlichen gleich dem Radius des Kerns (20) ist.
12. Faser nach einem der vorherigen Ansprüche, in der die Brechungsindizes des ersten und des dritten

#### Patentansprüche

- Optische Faser mit einer Umhüllungsschicht (30), die einen Kern (20) umgibt,  
wobei die Umhüllungsschicht (30) zumindest einen ersten relativ inneren Bereich (26), einen drit-

- Bereichs (26, 29) im wesentlichen identisch sind.
13. Faser nach einem der vorherigen Ansprüche, in der der Unterschied im Brechungsindex zwischen dem zweiten Bereich (27) und dem ersten Bereich (26) zwischen etwa 0,1- und etwa 2-mal der Differenz im Brechungsindex zwischen dem Kern (20) und dem ersten Bereich (26) beträgt.
14. Faser nach Anspruch 13, in der der Unterschied im Brechungsindex zwischen dem zweiten Bereich (27) und dem ersten Bereich (26) zwischen etwa 0,2- und etwa 1-mal der Höchstwertdifferenz des Brechungsindexes zwischen dem Kern (20) und dem ersten Bereich (26) beträgt.
15. Faser nach Anspruch 13, in der der Unterschied in dem Brechungsindex zwischen dem zweiten Bereich (27) und dem ersten Bereich (26) zwischen etwa 0,4- und etwa 0,6-mal der Höchstwertdifferenz im Brechungsindex zwischen dem Kern (20) und dem ersten Bereich (26) entspricht.
16. Faser nach Anspruch 13, in der der Unterschied in dem Brechungsindex zwischen dem zweiten Bereich (27) und dem ersten Bereich (26) im wesentlichen 0,5-mal der Höchstwertdifferenz im Brechungsindex zwischen dem Kern (20) und dem ersten Bereich (26) beträgt.
17. Faser nach einem der vorherigen Ansprüche, in der der zweite Bereich (27) im allgemeinen zylindrisch ist.
18. Faser nach Anspruch 17, in der die Dicke des zweiten Bereichs (27) in einer radialen Faserrichtung zwischen etwa 0,1- und etwa 3-mal dem Kernradius liegt.
19. Faser nach Anspruch 17, in der die Dicke des zweiten Bereichs (27) in einer radialen Faserrichtung zwischen etwa 0,5- und etwa 1,5-mal dem Kernradius beträgt.
20. Faser nach Anspruch 17, in der die Dicke des zweiten Bereichs (27) in einer radialen Faserrichtung zwischen etwa 0,75- und etwa 1,25-mal dem Kernradius beträgt.
21. Faser nach einem der vorherigen Ansprüche, in der die numerische Apertur der Faser weniger als etwa 0,1 beträgt.
22. Faser nach einem der vorherigen Ansprüche, in der zumindest ein Abschnitt der Faser mit ein oder mehreren photosensitiven Dotierstoffen dotiert ist.
23. Faser nach Anspruch 22, in der der eine photosen-
- sitive Dotierstoff Germanium oder Bor ist.
24. Faser nach einem der vorherigen Ansprüche, in der ein zentraler Bereich (22) des Kerns (20) einen niedrigeren Brechungsindex als ein äußerer Bereich (24) des Kerns (20) hat.
25. Faser nach Anspruch 24, in der die Brechungsdifferenz zwischen dem zentralen Kernbereich (22) und dem ersten Umhüllungsbereich (26) zwischen etwa 0- und etwa 0,95-mal der Brechungsdifferenz zwischen dem äußeren Kernbereich (24) und dem ersten Umhüllungsbereich (26) beträgt.
26. Faser nach Anspruch 24, in der die Brechungsdifferenz zwischen dem zentralen Kernbereich (22) und dem ersten Umhüllungsbereich (26) zwischen etwa 0,25- und etwa 0,75-mal der Brechungsdifferenz zwischen dem äußeren Kernbereich (24) und dem ersten Umhüllungsbereich (26) beträgt.
27. Faser nach Anspruch 24, in der die Brechungsdifferenz zwischen dem zentralen Kernbereich (22) und dem ersten Umhüllungsbereich (26) etwa 0,5-mal der Brechungsdifferenz zwischen dem äußeren Kernbereich (24) und dem ersten Umhüllungsbereich (26) beträgt.
28. Faser nach einem der vorherigen Ansprüche, in der zumindest ein Teil des Kerns (20) mit einem oder mehreren verstärkenden Dotierstoffen dotiert ist.
29. Faser nach Anspruch 28, in der der Kern (20) gemäß einer Dotierstoffverteilung dotiert ist, die im wesentlichen an die Feldverteilung einer gewünschten Ausbreitungsmodus innerhalb des Kerns (20) angepaßt ist.
30. Faser nach Anspruch 29, in der der Kern (20) im wesentlichen symmetrisch in Bezug auf eine longitudinale Faserachse dotiert ist.
31. Faser nach Anspruch 30, in der im wesentlichen der ganze Kern (20) mit dem verstärkenden Dotierstoff dotiert ist und im wesentlichen die gesamte Umhüllung (30) nicht mit dem verstärkenden Dotierstoff dotiert ist.
32. Faser nach einem der Ansprüche 28 bis 31, in der der/ein verstärkende/r Dotierstoff ein Seltenerddotierstoff ist.
33. Faser nach Anspruch 32, in der der/ein verstärkende/r Dotierstoff ausgewählt wird aus der Gruppe, die besteht aus Erbium, Ytterbium, Thulium, Holmium und Neodym.

34. Faser nach einem der vorherigen Ansprüche, wobei der äußere Durchmesser der Umhüllungsschicht (30) zumindest etwa 200 µm beträgt.
35. Faser nach einem der Ansprüche 1 bis 34, in der der erste Bereich und der dritte Bereich im allgemeinen zylindrisch sind.
36. Faser nach einem der Ansprüche 1 bis 34 in der der erste Bereich im allgemeinen zylindrisch und der dritte Bereich im Querschnitt rechteckig ist.
37. Optischer Faserverstärker, der aufweist:
- eine Faser gemäß einem der Ansprüche 28 bis 36 und
  - eine Einrichtung für das Injizieren von Pumpstrahlung in die Faser.
38. Verstärker nach Anspruch 37, in dem die Injierungseinrichtung derart betreibbar ist, daß sie Pumpstrahlung zumindest teilweise in die Faserumhüllung injiziert.
39. Verstärker nach Anspruch 37, in dem die Injierungseinrichtung derart betreibbar ist, daß sie Pumpstrahlung zumindest teilweise in den Faserkern (20) injiziert.
40. Optischer Faserlaser, der aufweist:
- einen optischen Faserverstärker nach einem der Ansprüche 37 bis 39 und
  - eine Reflektoreinrichtung, die relativ zu dem optischen Faserverstärker derart angeordnet ist, daß sie den Laserbetrieb innerhalb des optischen Faserverstärkers begünstigt.
41. Laser nach Anspruch 40, der ein Güteschalterelement aufweist, das innerhalb einer Laserkavität angeordnet ist, die durch die Reflektoreinrichtung und die dotierte optische Faser definiert wird.
42. Laser nach Anspruch 40, der eine Einrichtung für den Modenkopplungslaserbetrieb des Lasers aufweist.
- Revendications**
1. Fibre optique ayant une couche de gaine (30) entourant un cœur (20),  
la couche de gaine (30) comprenant au moins une première région relativement intérieure (26), une troisième région relativement extérieure (29), et une seconde région (27) disposée entre les première et troisième régions, la seconde région (27) ayant un indice de réfraction plus élevé que les pre-
  - 5 mière et troisième régions ; caractérisé en ce que la différence maximale d'indice de réfraction entre la première région de gaine (26) et le cœur (20) est inférieure à environ 0,0030.
  2. Fibre selon la revendication 1, la fibre étant une fibre multimode dans laquelle le cœur (20) accepte au moins deux modes de propagation optiques à une longueur d'onde de fonctionnement.
  3. Fibre selon la revendication 2, dans laquelle le diamètre du cœur est d'au moins 20 µm.
  - 15 4. Fibre selon l'une quelconque des revendications 1 à 3, dans laquelle la différence maximale d'indice de réfraction entre la première région de gaine (26) et le cœur (20) est inférieure à environ 0,0025.
  5. Fibre selon la revendication 4, dans laquelle la différence maximale d'indice de réfraction entre la première région de gaine (26) et le cœur (20) est inférieure à environ 0,0020.
  - 20 6. Fibre selon la revendication 5, dans laquelle la différence maximale d'indice de réfraction entre la première région de gaine (26) et le cœur (20) est inférieure à environ 0,0015.
  7. Fibre selon l'une quelconque des revendications 25 précédentes, dans laquelle les première et seconde régions (26, 27) sont adjacentes dans une direction radiale de la fibre.
  - 30 8. Fibre selon la revendication 7, dans laquelle l'épaisseur de la première région de gaine (26) dans une direction radiale de la fibre est comprise entre environ 0,1 et environ 2 fois le rayon du cœur (20).
  9. Fibre selon la revendication 7, dans laquelle l'épaisseur de la première région de gaine (26) dans une direction radiale de la fibre est comprise entre environ 0,25 et environ 1,5 fois le rayon du cœur (20).
  - 35 10. Fibre selon la revendication 7, dans laquelle l'épaisseur de la première région de gaine (26) dans une direction radiale de la fibre est comprise entre environ 0,75 et environ 1,25 fois le rayon du cœur (20).
  11. Fibre selon la revendication 7, dans laquelle l'épaisseur de la première région (26) dans une direction radiale de la fibre est pratiquement égale au rayon du cœur (20).
  - 40 12. Fibre selon l'une quelconque des revendications précédentes, dans laquelle les indices de réfraction des première et troisième régions (26, 29) sont sensiblement identiques.
  - 45
  - 50
  - 55

13. Fibre selon l'une quelconque des revendications précédentes, dans laquelle la différence d'indice de réfraction entre la seconde région (27) et la première région (26) est comprise entre environ 0,1 et environ 2 fois la différence maximale d'indice de réfraction entre le cœur (20) et la première région (26).
14. Fibre selon la revendication 13, dans laquelle la différence d'indice de réfraction entre la seconde région (27) et la première région (26) est comprise entre environ 0,2 et environ 1 fois la différence maximale d'indice de réfraction entre le cœur (20) et la première région (26).
15. Fibre selon la revendication 13, dans laquelle la différence d'indice de réfraction entre la seconde région (27) et la première région (26) est comprise entre environ 0,4 et environ 0,6 fois la différence maximale d'indice de réfraction entre le cœur (20) et la première région (26).
16. Fibre selon la revendication 13, dans laquelle la différence d'indice de réfraction entre la seconde région (27) et la première région (26) est sensiblement égale à 0,5 fois la différence maximale d'indice de réfraction entre le cœur (20) et la première région (26).
17. Fibre selon l'une quelconque des revendications précédentes, dans laquelle la seconde région (27) est globalement cylindrique.
18. Fibre selon la revendication 17, dans laquelle l'épaisseur de la seconde région (27), dans une direction radiale de la fibre, est comprise entre environ 0,1 et environ 3 fois le rayon du cœur.
19. Fibre selon la revendication 17, dans laquelle l'épaisseur de la seconde région (27), dans une direction radiale de la fibre, est comprise entre environ 0,5 et environ 1,5 fois le rayon du cœur.
20. Fibre selon la revendication 17, dans laquelle l'épaisseur de la seconde région (27), dans une direction radiale de la fibre, est comprise entre environ 0,75 et environ 1,25 fois le rayon du cœur.
21. Fibre selon l'une quelconque des revendications précédentes, dans laquelle l'ouverture numérique de la fibre est inférieure à environ 0,1.
22. Fibre selon l'une quelconque des revendications précédentes, dans laquelle au moins une partie de la fibre est dopée par un ou plusieurs dopants photosensibilisants.
23. Fibre selon la revendication 22, dans laquelle le/un dopant photosensibilisant est le germanium ou le bore.
24. Fibre selon l'une quelconque des revendications précédentes, dans laquelle une région centrale (22) du cœur (20) a un indice de réfraction plus faible qu'une région périphérique (24) du cœur (20).
25. Fibre selon la revendication 24, dans laquelle la différence d'indice de réfraction entre la région centrale (22) du cœur et la première région (26) de gaine est comprise entre environ 0 et environ 0,95 fois la différence d'indice de réfraction entre la région périphérique (24) du cœur et la première région (26) de gaine.
26. Fibre selon la revendication 24, dans laquelle la différence d'indice de réfraction entre la région centrale (22) du cœur et la première région (26) de gaine est comprise entre environ 0,25 et environ 0,75 fois la différence d'indice de réfraction entre la région périphérique (24) du cœur et la première région (26) de gaine.
27. Fibre selon la revendication 24, dans laquelle la différence d'indice de réfraction entre la région centrale (22) du cœur et la première région (26) de gaine est d'environ 0,5 fois la différence d'indice de réfraction entre la région périphérique (24) du cœur et la première région (26) de gaine.
28. Fibre selon l'une quelconque des revendications précédentes, dans laquelle au moins une partie du cœur (20) est dopée par un ou plusieurs dopants amplificateurs.
29. Fibre selon la revendication 28, dans laquelle le cœur (20) est dopé avec une répartition de dopant sensiblement adaptée à la répartition du champ d'un mode de propagation optique souhaité dans le cœur (20).
30. Fibre selon la revendication 29, dans laquelle le cœur (20) est dopé de façon sensiblement symétrique par rapport à l'axe longitudinal de la fibre.
31. Fibre selon la revendication 30, dans laquelle sensiblement tout le cœur (20) est dopé par le dopant amplificateur et sensiblement toute la gaine (30) n'est pas dopée par le dopant amplificateur.
32. Fibre selon l'une quelconque des revendications 28 à 31, dans laquelle le/un dopant amplificateur est un dopant de terre rare.
33. Fibre selon la revendication 32, dans laquelle le/un dopant amplificateur est sélectionné dans le groupe comprenant l'erbium, l'ytterbium, le thulium, l'hol-

mium et le néodyme.

34. Fibre selon l'une quelconque des revendications précédentes, le diamètre extérieur de la couche de gaine (30) étant d'au moins 200 µm. 5

35. Fibre selon l'une quelconque des revendications 1 à 34, dans laquelle la première région et la troisième région sont globalement cylindriques. 10

36. Fibre selon l'une quelconque des revendications 1 à 34, dans laquelle la première région est globalement cylindrique et la troisième région présente une section transversale rectangulaire. 15

37. Amplificateur à fibre optique, comprenant :

une fibre selon l'une quelconque des revendications 28 à 36 ; et  
un moyen pour injecter un rayonnement de pompage dans la fibre. 20

38. Amplificateur selon la revendication 37, dans lequel le moyen d'injection peut être mis en oeuvre pour injecter un rayonnement de pompage au moins partiellement dans la gaine de la fibre. 25

39. Amplificateur selon la revendication 37, dans lequel le moyen d'injection peut être mis en oeuvre pour injecter un rayonnement de pompage au moins partiellement dans le coeur (20) de la fibre. 30

40. Laser à fibre optique, comprenant :

un amplificateur à fibre optique selon l'une quelconque des revendications 37 à 39 ; et  
un moyen réflecteur disposé par rapport à l'amplificateur à fibre optique de façon à favoriser un fonctionnement laser dans l'amplificateur à fibre optique. 35 40

41. Laser selon la revendication 40, comprenant un élément déclenché disposé à l'intérieur de la cavité laser définie par le moyen réflecteur et la fibre optique dopée. 45

42. Laser selon la revendication 40, comprenant un moyen pour faire fonctionner le laser en tant que laser à verrouillage de mode. 50

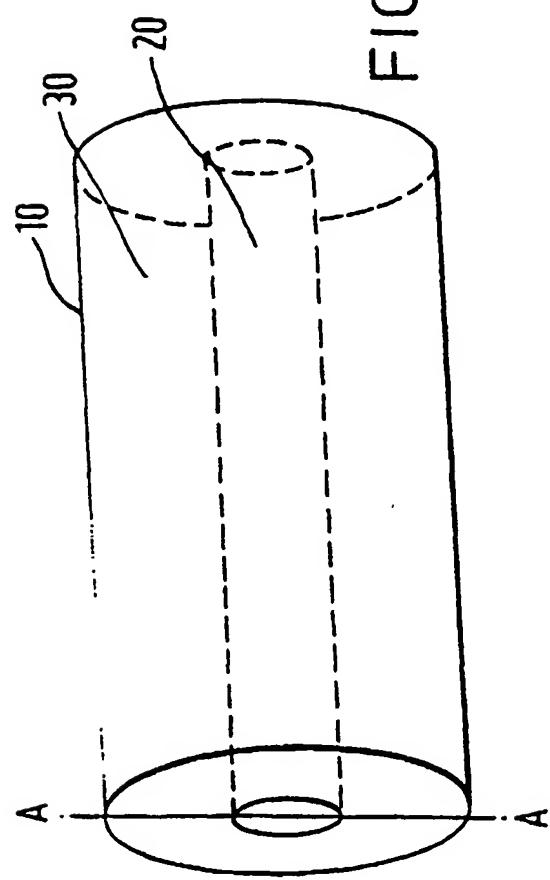


FIG. 1.

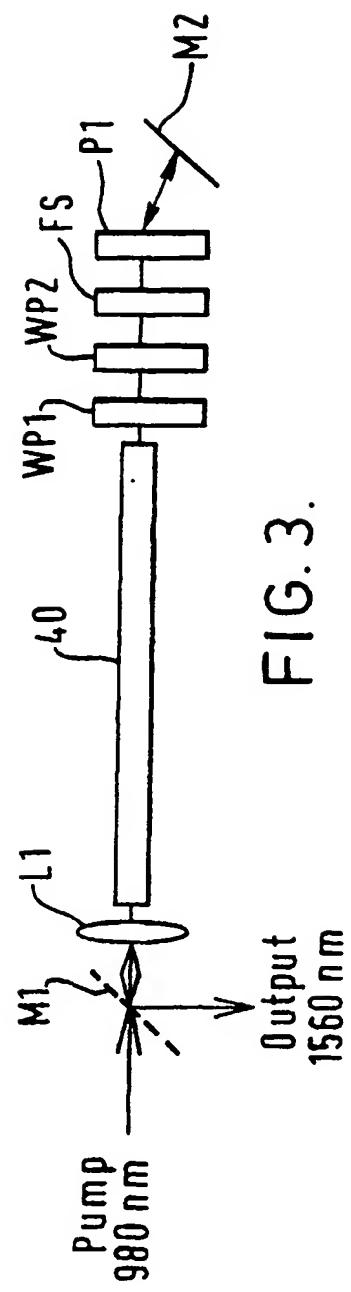


FIG. 3.

FIG. 2.

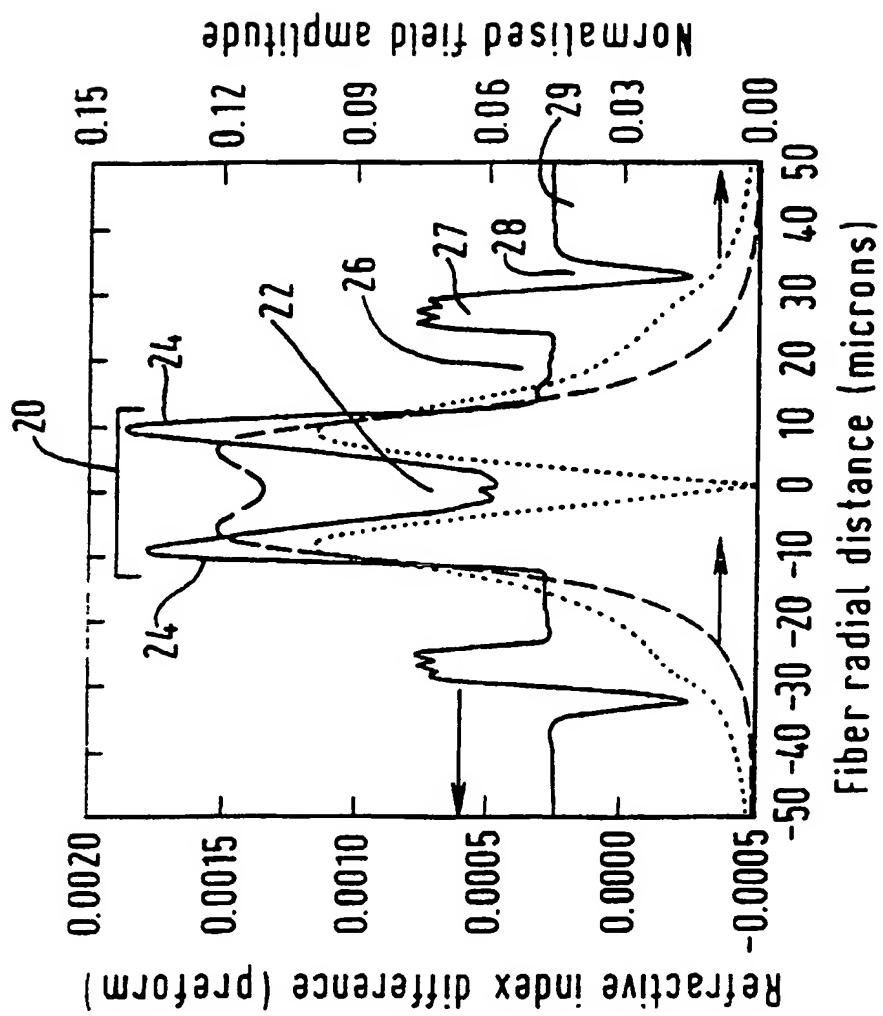


FIG. 4.

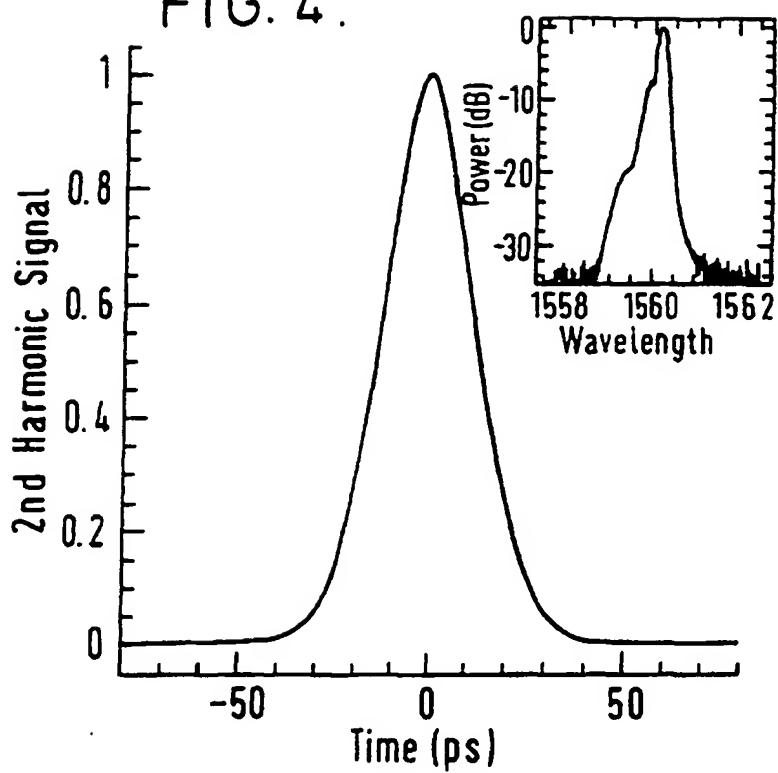
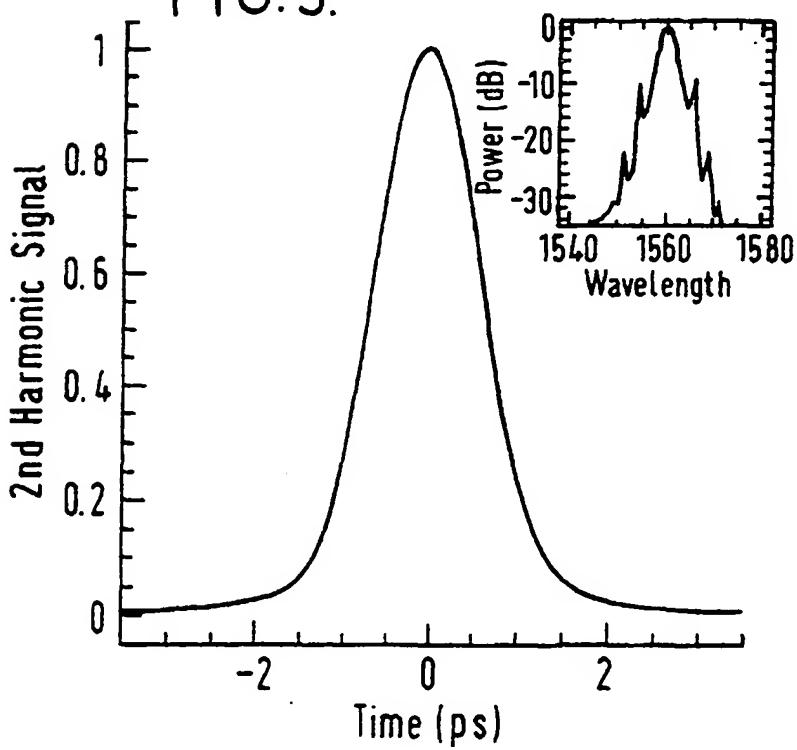


FIG. 5.



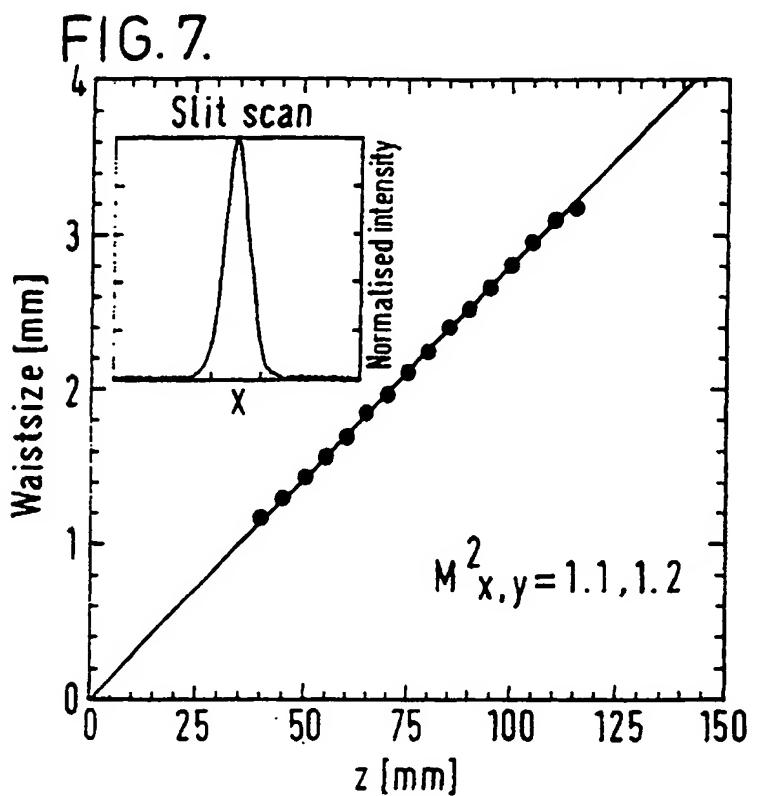
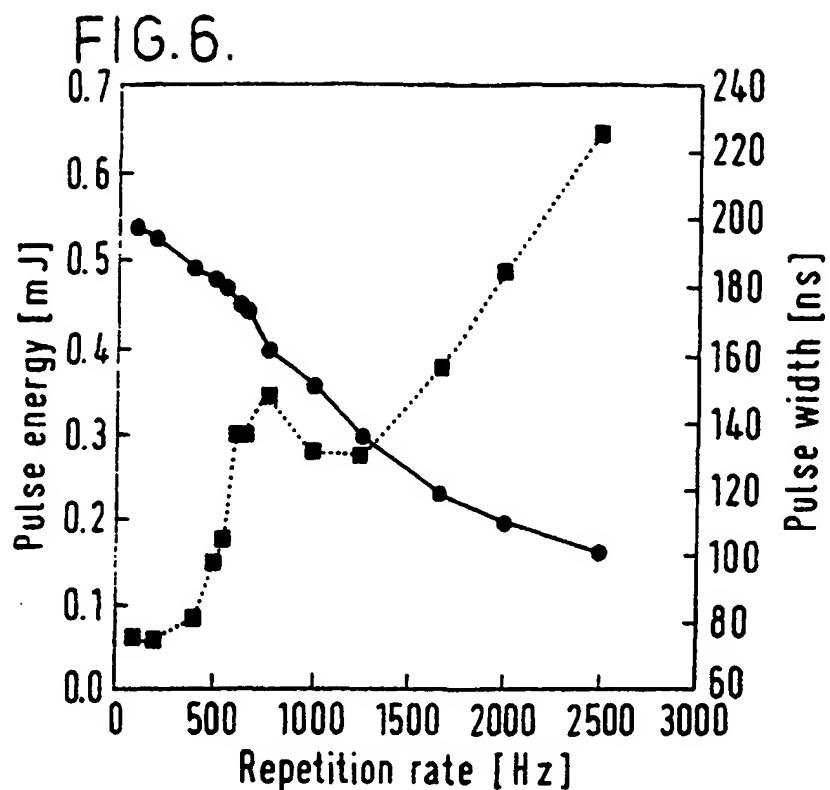


FIG. 8.

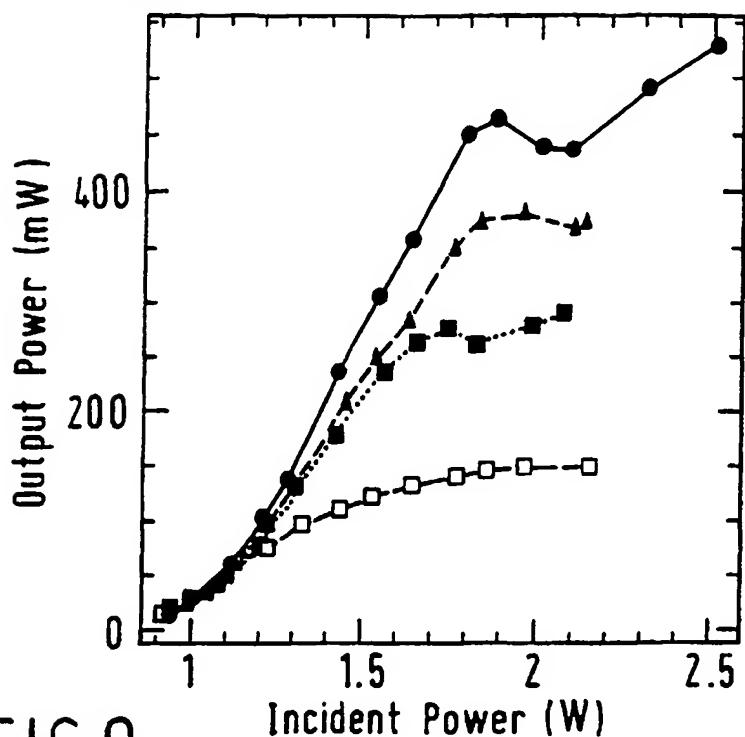
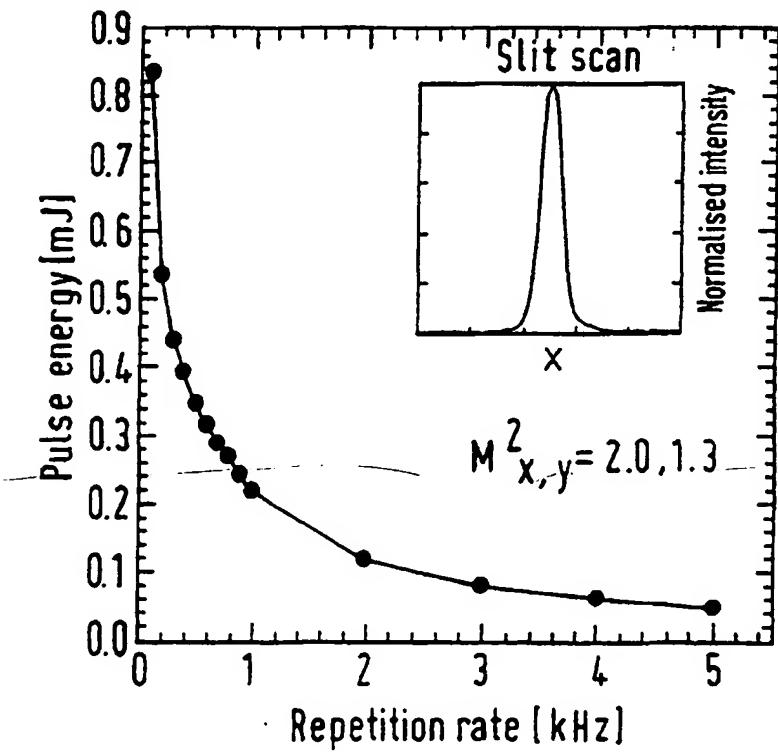
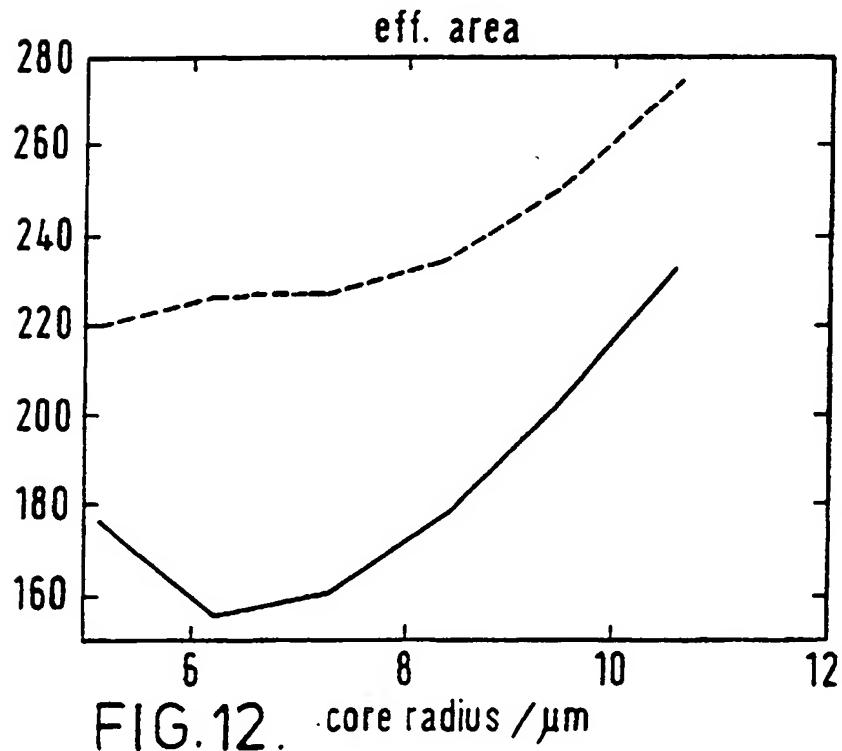
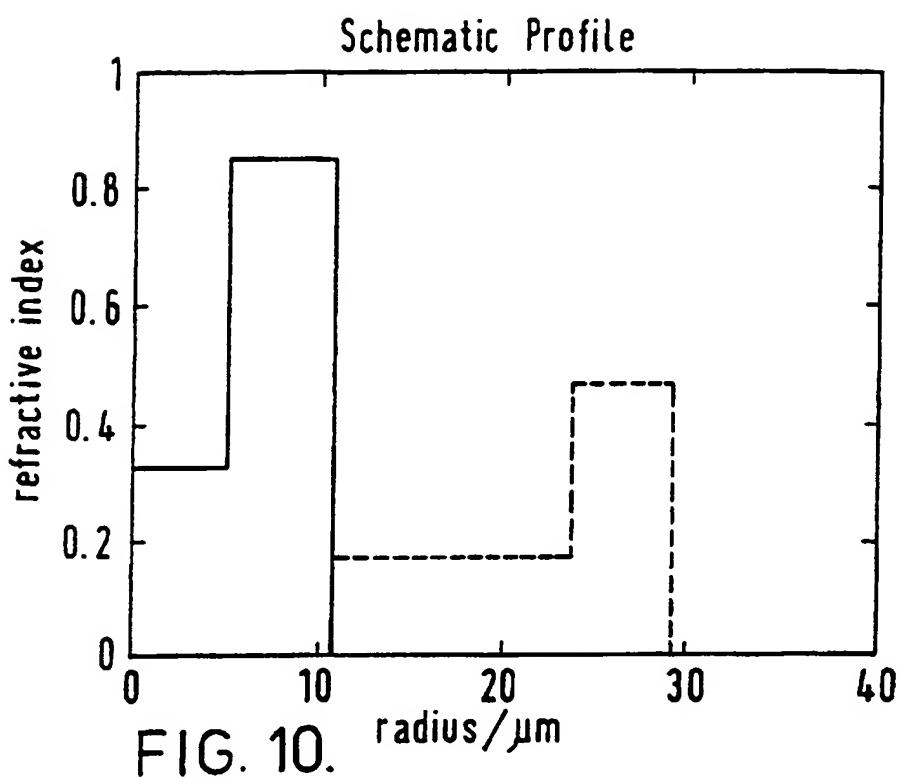
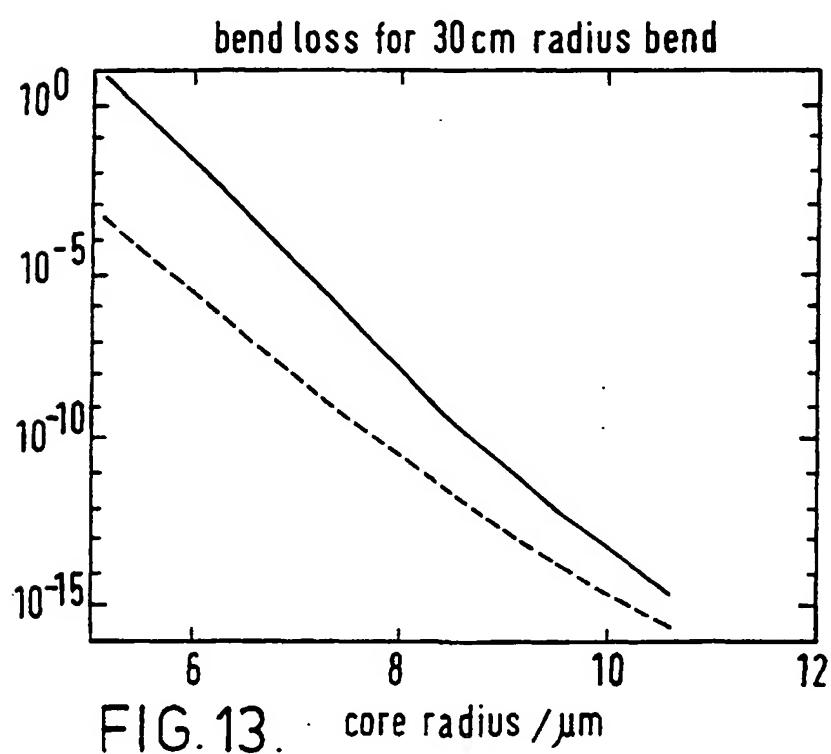
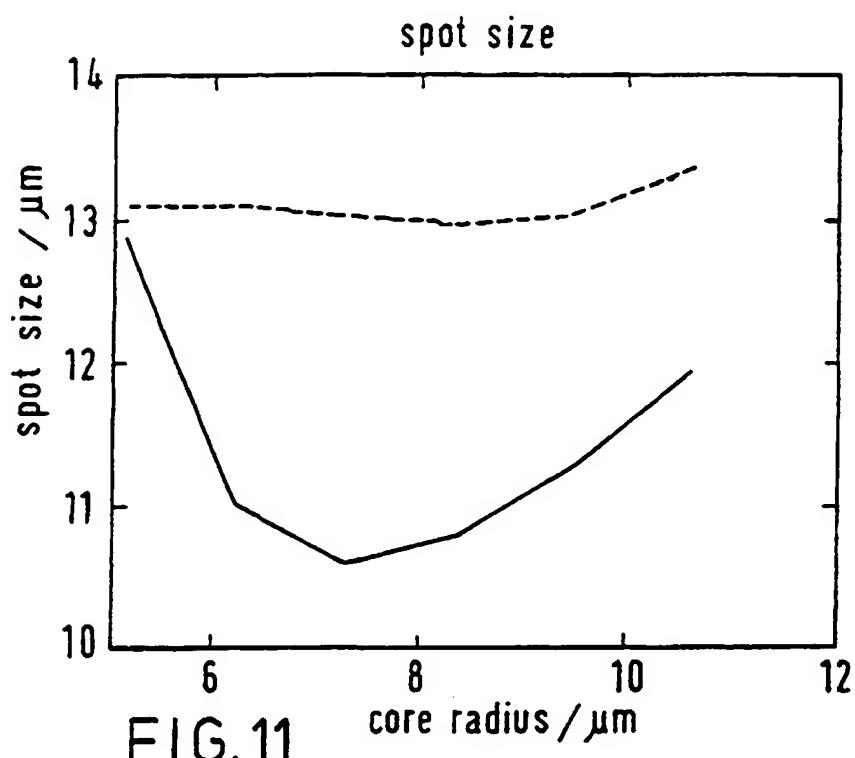
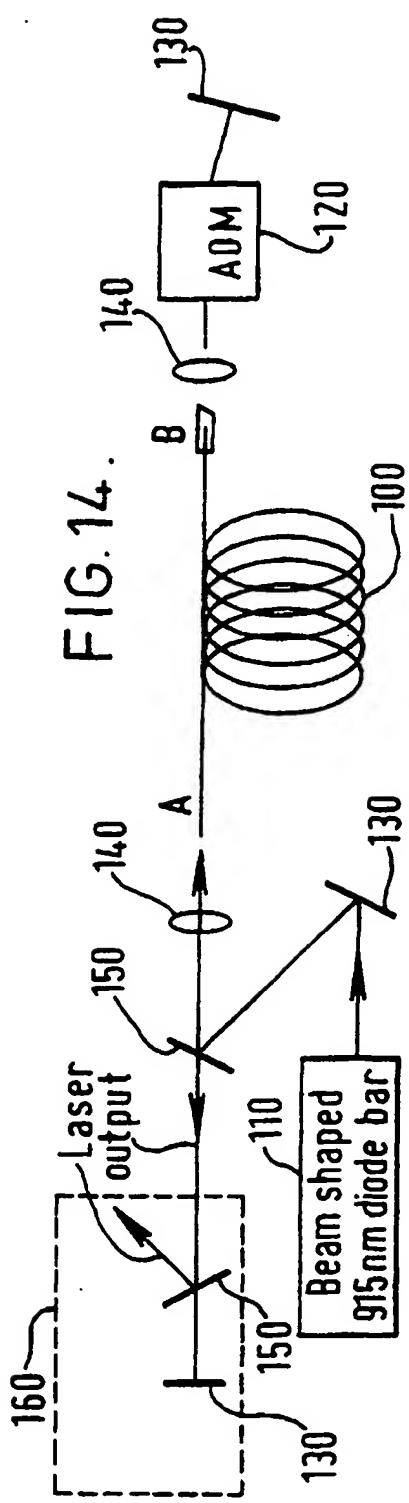


FIG. 9.







**FIG. 15.**

Position [micron]	Refr. index difference $\times 10$
-180	~2.5
-160	~2.5
-140	~2.5
-120	~2.5
-100	~2.5
-80	~2.5
-60	~2.5
-40	~2.5
-20	~2.5
0	~1.0
20	~1.0
40	~1.0
60	~1.0
80	~1.0
100	~1.0
120	~1.0
140	~1.0
160	~1.0
180	~1.0

22

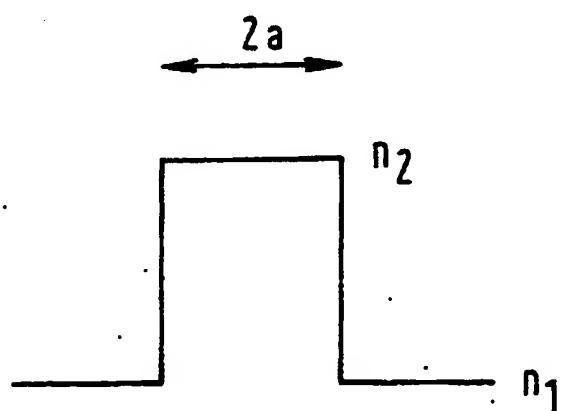
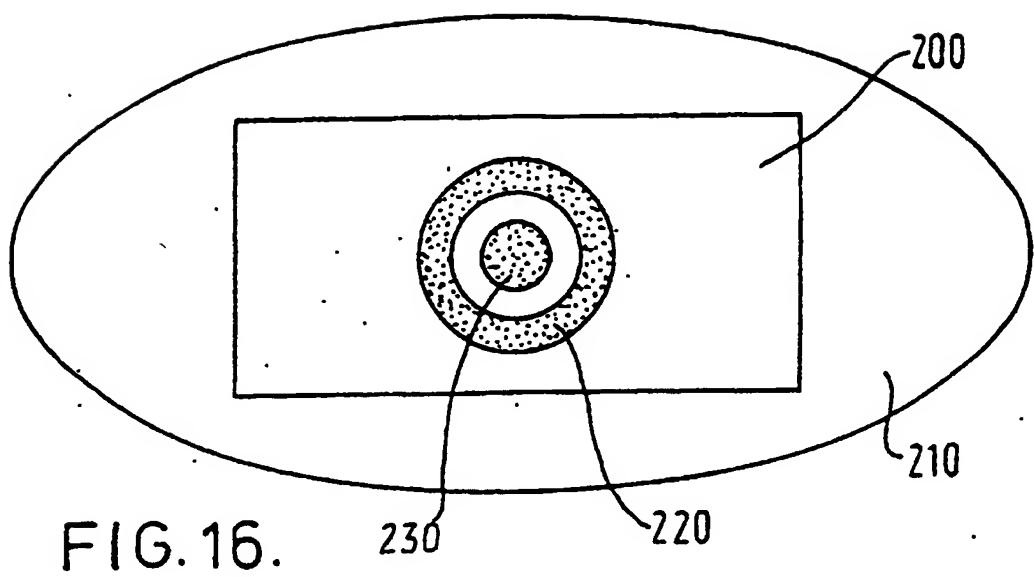


FIG. 19.

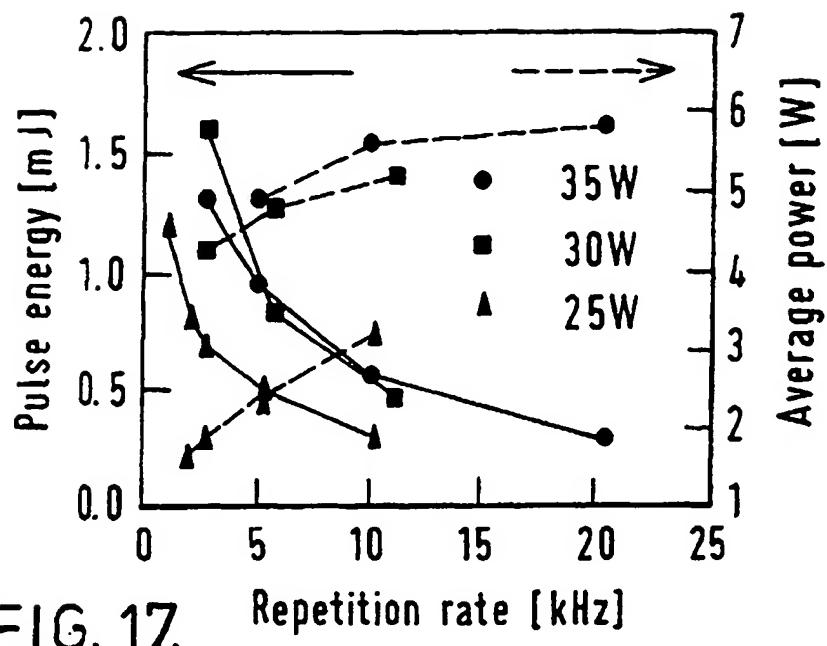


FIG. 17. Repetition rate [kHz]

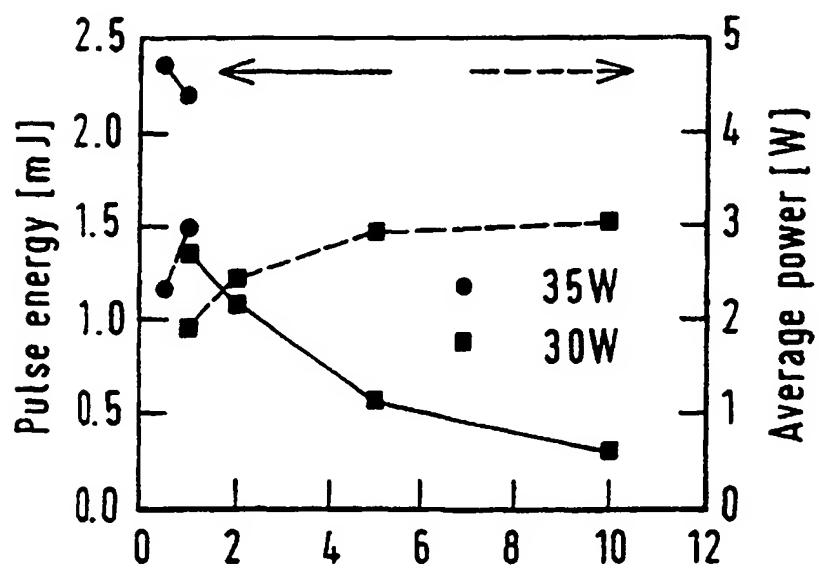


FIG. 18. Repetition rate [kHz]

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